

# STERLING PUBLIC SCHOOLS - WEEKLY BULLETIN: April 5-12, 2025

**Saturday  
April 5**

JH/HS Trap Shoot @ Beatrice  
ACT Test Date  
Prom @ CB - More info on back!

**2025-2026 POST  
PROM PARENT  
MEETING  
4/13 @ 2PM in the  
Cafeteria**

**Monday  
April 7**

Breakfast: Uncrustable, Scrambled Eggs  
Lunch: Corn Dog, Mac & Cheese  
WIN - 6th period  
Mustang Invite @ Friend 10AM - Bus/Van leaves @ 7:23AM - Schedule on back

**Tuesday  
April 8**

Breakfast: Cereal, Egg Patty  
Lunch: Biscuits & Gravy, Eggs, Ham  
WIN - 5th period - AP Groups  
College Visit to NWMS - Bus leaves @ 7:45AM  
FFA Officer Interviews  
TRACK PRACTICE after school  
G/B (Grades 3-8) 3 on 3 BB Night 5:45-6:45PM  
Cheer Meeting @ 6PM in the Cafeteria for anyone interested in the 2025-2026 season!

**Wednesday  
April 9**

**NO PRESCHOOL**  
Breakfast: Oatmeal Round, Polish Sausage  
Lunch: Taco, Rice  
WIN - 4th period  
TRACK PRACTICE 4PM  
TRAP PRACTICE 3:45-5:15PM

**EARLY OUT  
2:45PM DISMISSAL**

**Thursday  
April 10**

Breakfast: Cinnamon Roll, Little Smokies  
Lunch: Chili, Corn Bread  
WIN - 3rd period  
HTRS JH Invite - 9:30AM Bus leaves @ 7:45AM - Schedule on back  
York College Theatre Performance (Grades K-6) - 9AM in the GYM  
TRACK PRACTICE after school  
Music Trip Parent Meeting - 7PM

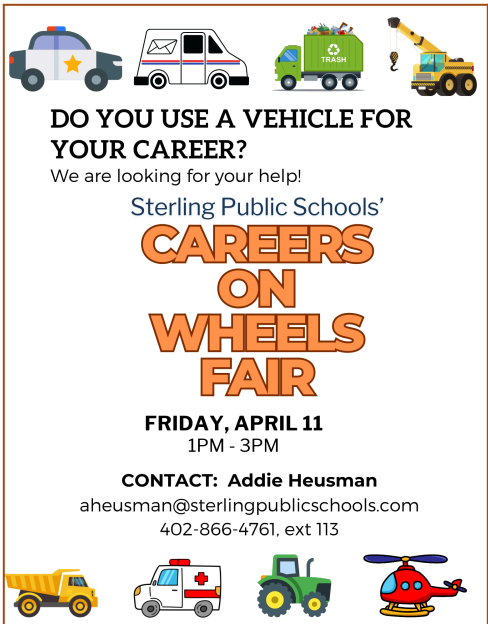
**Friday  
April 11**

Breakfast: Muffin, Ham Patty  
Lunch: Fish Sandwich, Chips  
**FastBridge Testing Grades 6-10**  
WIN - 2nd period  
Parking Lot Career Fair from 1-3PM at the Park  
TRACK PRACTICE after school


**SENIORS REPORT  
@ 10AM**

**Saturday  
April 12**

JH/HS Trap Shoot @ Nebraska City  
MUDECAS JH Track @ Tri-County



**DO YOU USE A VEHICLE FOR YOUR CAREER?**  
We are looking for your help!  
Sterling Public Schools'  
**CAREERS ON WHEELS FAIR**  
**FRIDAY, APRIL 11**  
1PM - 3PM  
**CONTACT: Addie Heusman**  
aheusman@sterlingpublicschools.com  
402-866-4761, ext 113



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\*This institution is an equal opportunity provider \*Menu is subject to change without notice  
\*Breakfast served with Fruit, Milk/Juice \*Lunch served with Fruit, Veggies, Salad Bar, Milk

**IMPORTANT DATES: APRIL 2025**

18-21 NO SCHOOL - Easter Break  
 30 NO PREK

**RESPECT STARTS WITH LISTENING...**

One of the best ways to teach respect is by **listening**. When your child feels heard, they learn how to listen to others. Try setting aside a few minutes of one-on-one time to let them share their thoughts.

**Respect grows when kids feel valued!**

[JET APPAREL STORE](#)[JET BLANKETS](#)[PLAYGROUND FUNDRAISER](#)

## MUSTANG INVITE

### 4/7/25

**FIELD EVENTS****10AM**

Boys Discus  
 Girls Shot Put  
 Boys Long Jump  
 Girls Triple Jump  
 Boys High Jump  
 Girls Pole Vault

**2nd shift**

Boys Shot Put  
 Girls Discus  
 Girls Long Jump  
 Boys Triple Jump  
 Girls High Jump  
 Boys Pole Vault

**TRACK EVENTS: (Girls then Boys)****12:30PM**

3200 Meter Relay Finals  
 100 Meter High Hurdles (33") - Girls Prelims  
 110 Meter High Hurdles (39") - Boys Prelims  
 100 Meter Dash Prelims  
 400 Meter Dash Finals  
 3200 Meter Run-Girls Finals  
 3200 Meter Run- Boys Finals  
 200 Meter Dash Prelims  
 100 Meter High Hurdles (33") - Girls Finals  
 110 Meter High Hurdles (39") - Boys Finals  
 100 Meter Dash Finals  
 800 Meter Run Finals  
 300 Meter Low Hurdles (30") - Girls Finals  
 300 Meter Int. Hurdles (36") - Boys Finals  
 200 Meter Dash Finals  
 1600 Meter Run Finals  
 400 Meter Relay Finals  
 1600 Meter Relay Finals

## HTRS JH Track Meet

### 4/10/2025

**Field Events:****Series 1 (9:30 am):**

Girls Triple Jump      Boys Long Jump  
 Boys High Jump      Girls Shot (North)  
 Boys Discus (South)      Girls Pole Vault

**Series 2 (To follow series 1):**

Girls Long Jump      Boys Triple Jump  
 Girls High Jump      Girls Discus (North)  
 Boys Shot (South)      Boys Pole Vault

**Track Events: 11:15AM****[Girls followed by Boys]**

800 Meter Relay  
 1600 Meter Run  
 Girls 100 Meter Hurdles  
 Boys 110 Meter Hurdles  
 100 Meter Dash  
 400 Meter Run  
 300 Intermediate Hurdles  
 800 Meter Run  
 200 Meter Dash  
*Short Break – If needed*  
 400 Meter Relay  
 1600 Meter Relay

## Prom Itinerary

|                    |                     |                      |                    |
|--------------------|---------------------|----------------------|--------------------|
| 5:15: Prom Parade  | 6:45 pm: Coronation | 10:30 pm: Dance ends | 12:30 - TBD: Papio |
| 6:30: Class photos | 7:00 pm: Dinner     | 11:00 pm: Depart     | 4:00-6:00: Return  |